

Amanda Babai Yoga

Studio Comparison Chart

If you're curious about which of the studio classes I teach would be the best fit for you, then here's a comparison chart!

	CorePower Yoga	Edgeworks Bel-Red	TruFusion Bellevue
Added Heat and/or Humid- ity	C1 format: 88°F, no added humidity C2 format: 96°F, 30% Humidity	No added heat or humidity	100°F and 40% Humidity
Price	\$31 1 class drop-in	\$28 Day pass	\$30 1 class drop-in
Teaching Times	Friday @ 10:30 AM & Noon	Monday @ Noon Thursday @ 2 PM	Tuesday @ Noon Thursday @ Noon
Class Level	C1: Intermediate C2: Int/Advanced	All Levels	Int/Advanced
General Class Size	4 to 20 students	2 to 10 students	4 to 15 students

